

Institutes

October 27 & 28

9:00am – 12:00pm each day

N-1 *Strategies and Skills to Address Domestic Violence in Child Welfare: Getting to Know the Family*, Kristina Scott, LMSW, Kansas Coalition Against Domestic and Sexual Violence; Carolyn Allred, MA, Kansas Coalition Against Domestic and Sexual Violence

During this skills-based institute, participants will learn to apply appropriate interventions for families experiencing domestic violence including interviewing, assessment, and safety planning. Participants will learn to identify risk and dangerousness factors of batterers, and the safety, and protective actions that adult victims use to keep their children safe. The Domestic Violence Manual for Child Welfare Professionals will be utilized as a training tool and all participants will receive an electronic copy of the manual.

N-2 *Connections Matter! Approaches and Tools for Promoting Self-Regulation, Resilience and Well-Being*, Linda Chamberlain, Ph.D., MPH; Anne Maack, MPA, Wichita State University; Danielle Sass, MPH, CPH, Kansas Department of Health and Environment; Rachele Soden, MS, Kansas Children's Service League

Dr. Linda Chamberlain, an internationally recognized expert on brain development and trauma, will speak on the first day, teaching skills to calm the brain and promote self-regulation, resilience, and healing. The second day will provide the latest data on childhood adversity in Kansas and move participants from knowledge to action by making plans to apply new knowledge that promotes staff and parent well-being and resiliency.

N-3 *DSM 5: Play-Based Interactions*, Todd Frye, LCPC, LCMFT, NCC, SATP-S PhD, Mid-America Nazarene University; Rebecca Chow, LPC, LCPC, RPT/S, Mid-America Nazarene University

This session will present the philosophy and rationale for using client-centered and interventions for children who are removed from their home. In addition, this workshop will cover the key neural developmental processes and sequences that contribute to critical concepts that are applicable to play based interventions to use with a child. This will cover the use of verbal and nonverbal, affective and cognitive, directive and non-directive interventions, as well as the role of empathy, and attachment that occurs within the interaction of child and the practitioner, caregiver or therapist. **The Kansas Department for Children and Families will be providing registered participants with a small tote of carefully curated toy items to be used when working with children. These will be shipped to the closest DCF office and available for pick-up by registrants. Participants must be registered by October 15 to ensure timely delivery.**

N-4 *The 6 R's of Healthy Parenting and Trauma Informed Treatment*, Rick Gaskill, Ph.D., LCP, RPT-S, LCPC, Sumner Mental Health

Current research in human brain development and organization confirms the critical connection between play, development, and relationships in emotional health. Further, it is now apparent that traumatic and neglectful developmental experiences can alter normal brain development in all brain regions. The emerging neurobiological knowledge informs us that the same aspects of child experiences that promotes healthy development is also key to our understanding of therapeutic interventions, and treatment effectiveness. This neurobiological process engenders the 5 protective factors: parental resilience, social connections, parenting and child development, support in times of need, and nurturing and attachment.

November 3

Keynote

8:15am-10:00am (the keynote will begin at 8:30am)

K-1 *Understanding the Historical Context of Structural Racism and Current Day Implications: How We Got Here and a Better Path Forward*, Samantha Mellerson, BA, W. Haywood Burns Institute; Michael Finley, BA, JD, W. Haywood Burns Institute

This session will provide a historical perspective to the impact of structural racism on the development of human services work. Participants will gain a deeper understanding of how we got here, and what we need to consider to eliminate racial and ethnic disparities within systems.

Workshop Session 1

November 3

10:15am-11:15am

1-1 *Using Technology to Kick Off a Healthy Birth*, Megan Aucutt, VA Healthy Birth Day Iowa; Jennifer Marsh, Kansas Department of Health and Environment

Learn how an organization utilized relevant research and evidence to create system change with health care professionals to prevent preventable stillbirth. Using an mhealth app to empower mothers to monitor their baby's fetal movement, preliminary research shows the mHealth app increased awareness of a change in fetal movement, and an associated reduction in stillbirth.

1-2 *Just Because I'm Incarcerated Doesn't Mean I'm a Bad Mother*, Dani Hulings, Topeka Correctional Facility; Dave Ranney; Brynn Blair, Kansas Legal Services

Three incarcerated women will discuss their foster care experiences as children, mothers, or both. They also will address how misperceptions about prison life affect their children. The women will be joined by Dani Hulings, who coordinates the prison's programs for helping inmates develop and maintain safe and healthy relationships with their children. An experienced attorney will address issues tied to the expectation that a parent's rights should be terminated after 18 months.

1-3 *Mandated Reporter vs Mandated Supporter with Survivors of Domestic Violence and Their Children*, Kristina Scott, LMSW, Kansas Coalition Against Domestic and Sexual Violence; Carolyn Allred, MA, Kansas Coalition Against Domestic and Sexual Violence

During this session, participants will explore the study "There's No One I Can Trust: The Impact of Mandatory Reporting on the Help-Seeking and Well-Being of Domestic Violence Survivors" conducted by the National LGBTQ DV Capacity Building Learning Center. The findings and conclusions of the study will be discussed including the disproportionate impact of mandated reporting on survivors of color and their children and practice recommendations for mandated reporters working with survivors of domestic violence and their children will also be provided.

Workshop Session 2

November 3

12:30pm-1:30pm

2-1 *Beating the Heat: Understanding Burnout and Compassion Fatigue*, Jackie Simmons, MSW, Saint Francis Ministries

Participants will learn the definition of compassion fatigue and vicarious trauma in addition to exploring the difference between these and burnout. Common symptoms of each will be explored as well as how one develops compassion fatigue. Participants will learn to recognize compassion fatigue in themselves

and in coworkers; and they will explore things that individuals can do in their own lives to combat this common experience.

2-2 Resource Sharing and Relationship Building through Community Mapping, Michelle Levy, MA, University of Kansas; Maria Fairman, BBA, University of Kansas; Robert Hicks Jr., BA, University of Kansas; Kareem Hammouda, University of Kansas

Community maps are a tool for identifying and sharing resources. This workshop demonstrates interactive community maps developed by an initiative that serves Native American families. Participants will receive practical directions for using this tool along with facilitated discussion around future opportunities.

2-3 Drug Endangered Children and Creating Community Alliances, Jennifer Gassmann, LBSW, Kansas Children's Service League; Michael Parsons, BA, DCCCA

Parental substance use is a leading risk factor for child welfare involvement. Identifying drug endangered children and meeting the needs of their families can be challenging. Best practices for identifying and working with drug endangered children and their families will be discussed, as well as methods for establishing community collaboration to provide safe environments for drug endangered children.

2-4 Kansas Department for Children and Families (DCF) Independent Living Program, Brianna Preto, Kansas Department for Children and Families; Shailiegh Piepmeier, Kansas Department for Children and Families

What does Kansas offer to young people who are transitioning out of foster care? How can we serve youth who are moving towards a critical stage in their lives? The DCF Independent Living team will present information about the services and supports available to youth and discuss program outcomes, including the National Youth in Transition Database and implementation of the Family First Prevention Services Act and the Supporting Foster Youth and Families through the Pandemic Act.

Workshop Session 3

November 3

1:45pm-2:45pm

3-1 KanCoach: Coaching for Child Welfare Practice, Vickie McArthur, LCMFT, University of Kansas

This presentation will describe a statewide approach to implementing a skills-based coaching program for child welfare supervisors. In addition to building supervisors' coaching skills, the program centered on several priority topics including anti-racist practices. The presentation will identify successes and challenges in the initial implementation stage of program rollout.

3-2 CPS Mandated Reporter Training, Erica Hunter, LBSW, KS Department for Children and Families

During this training you will learn what it means to be a mandated reporter in Kansas. You will walk through what happens when you make a report, how a decision is made during the initial assessment, and what happens during an investigation.

3-3 Supporting Pregnant and Parenting Moms: Building Resilience Through Shared Experience, Ellen Walker, LMSW, Wichita State University; Melissa Hoffman, DNP, PMHNP-BC, PMH-C, Postpartum Support International

Protecting children and families involves building parental resilience. Connecting pregnant and parenting mothers with peers who have similar lived experiences with mental health or substance use

disorders can promote resiliency while enhancing other services provided. This presentation will equip providers with the information and resources necessary to provide impactful services.

3-4 Primary and Secondary Traumatic Stress of the Workforce, Renee Lilley, BS, TFI Family Services

This session is based on the curriculum from the National Child Traumatic Stress Network. The session we will examine components of a trauma exposed workplace, including secondary traumatic stress signs and symptoms, analyze the risk factors that may impact the effects of working in a trauma exposed workplace and apply strategies to address primary and secondary traumatic stress and develop a plan to utilize these strategies.

November 4

Keynote

8:15am-10:00am (the keynote will begin at 8:30am)

K-2 Sarah Klein, Advocate, Survivor, and Sexual Abuse Attorney

Sarah Klein is a victims' attorney, advocate, and a former competitive gymnast. Sarah is also one of the first known victims of former Olympic women's gymnastics doctor Larry Nassar, and in July 2018, at the ESPYs, Sarah accepted the Arthur Ashe Courage Award on behalf of herself and the hundreds of other survivors of Nassar's sexual abuse.

Workshop Session 4

November 4

10:15am-11:15am

4-1 Transforming Child Welfare: The ZERO TO THREE Safe Babies Court Team™ Approach, Amy Huffer, Ph.D., LCSW, IMH-E (IV-C) ®

The evidence-based Safe Babies Court Team™ approach transforms child welfare into a practice of child well-being, addressing the needs of young children and their families who are involved in both the court and child welfare systems. It serves children who remain in their homes, receiving intensive services aimed at preventing maltreatment. It also serves those in placed in out of home – or resource – care. Safe Babies Court Teams demonstrate the power of community collaboration to enhance protective factors, and to address risk factors and social determinants of health that can contribute to the occurrence of child maltreatment.

4-2 Boundaries and Social Connectedness: The Foundational Ethics of Relationships, Part 1 Teresa Cornejo, LMSW, MSOD, Wichita State University; Percy Turner, LMSW, Wichita State University; Ellen Walker, LMSW, Wichita State University

There's no denying 2020 has changed the way we relate to each other. Distancing has become a norm (for better or worse) and amidst all this change, what role do we as social workers play? How can we reframe relationships and challenge our practice related to boundaries in ways that intentionally adapt to this more physically distant world? How can we intentionally connect with each other to create safe, meaningful relationships that serve as vehicles for change and healing?

4-3 Leveraging KCTC student survey data now and into the future, Rachel Phillips, BS, Greenbush SEKESC Student perception data is gathered annually through the Kansas Communities That Care (KCTC) Student Survey. In this session we will overview the evolution of the survey and highlight trends and insights from 2021 data. Join this session to learn more about how KCTC Student Survey data can inform community strategies.

Workshop Session 5

November 4

12:30pm-1:30pm

5-1 *Staying Cool: Taking Charge of Your Own Wellness, Jackie Simmons, MSW, Saint Francis Ministries*

If you attended the training on Compassion Fatigue, you learned about how it can impact all areas of your life. Every person should have a self-care plan in order to avoid Compassion Fatigue and burn-out. This Trainer's Corner is an opportunity to review your self-care plan and to talk candidly with others about how effective it is and, more importantly, how committed to it you are in practice!

5-2 *Boundaries and Social Connectedness: The Foundational Ethics of Relationships, Part 2 Teresa Cornejo, LMSW, MSOD, Wichita State University; Percy Turner, LMSW, Wichita State University; Ellen Walker, LMSW, Wichita State University*

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5-3 *Reducing Infant Sleep-Related Deaths – Educational Strategies & Resources Across a Continuum of Care, Kaleena Erwin, LMSW, KS Department for Children and Families*

This session will provide general knowledge, strategies, and resources to implement a safe infant sleep environment. Training will allow participants to take back their information and skills to their community and further educate other providers and families on safe sleep practices.

Workshop Session 6

November 4

1:45pm-2:45pm

6-1 *Keeping Kids Safe Online-A discussion with the Experts, Monica Cattau, BS, CFLE, Sunflower House; Christopher Moore, Detective, Overland Park Police Department*

Online (Electronic) Safety is a constantly changing and highly dangerous issue that children face today. Topics will include: current online/technology dangers, perpetrator characteristics, reporting process, safety tips and tools, and the latest sexting laws. Bring your questions, concerns, and challenges, as this presentation will be an interactive format, including developmentally appropriate information for youth.

6-2 *Boundaries and Social Connectedness: The Foundational Ethics of Relationships, Part 3 Teresa Cornejo, LMSW, MSOD, Wichita State University; Percy Turner, LMSW, Wichita State University; Ellen Walker, LMSW, Wichita State University*

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6-3 *Kansas Youth Advisory Council – The Voice of Youth Transitioning from Foster Care into Adulthood, Brianna Preto, Kansas Department for Children and Families; Kansas Youth Advisory Council*

Who better to explain and help others understand what youth really need when transitioning out of care than the youth themselves? Panel members from the Kansas Youth Advisory Council will share what they and other youth need to successfully transition to adulthood. In addition, panel members will

give an honest account about the experiences they have had with child welfare services in Kansas, and share tasks as identified on their Work Plan.

6-4 Yoga, Heidi Oblinger-Barker

November 5

Keynote

8:15am-10:00am (the keynote will begin at 8:30am)

K-3 *The DNA of HOPE: The Science of the Positive Framework*, Jeff Linkenbach, M.A., EdD

The DNA of HOPE is the Science of the Positive Framework. The Science of the Positive is the study of how positive factors impact culture and experience. It focuses on how to measure and grow the positive, and has been applied over decades with agencies, communities, and businesses. It is based on the core assumption that the positive is real and is worth growing – in ourselves, our families, our workplaces, and our communities (Linkenbach, 2007) Reverse the ways you understand resilience and the developing brain. Healthy Outcomes for Positive Experiences, HOPE, provides a powerful complement to ACES-based work and opens new opportunities for promoting health in children and adults. Research shows that positive childhood experiences both support child development and mitigate the effects of toxic stress; HOPE-based strategies can increase resilience and promote positive transformation in individuals and communities.

Workshop Session 7

November 5

10:15am-11:15am

7-1 *What is Kansas VINE? How can VINE increase safety for children and families?* Joan Proctor, LBSW, Office of Attorney General Derek Schmidt

When a child or family is victimized and the offender is arrested, VINE provides a resource for families to obtain offender custody status information and register to receive immediate notification when that offender is released from jail. In this workshop, participants will learn how to utilize Kansas VINE 24/7.

7-2 *Mandated Reporter vs Mandated Supporter with Survivors of Domestic Violence and Their Children*, Kristina Scott, LMSW, Kansas Coalition Against Domestic and Sexual Violence; Carolyn Allred, MA, Kansas Coalition Against Domestic and Sexual Violence

During this session, participants will explore the study “There’s No One I Can Trust: The Impact of Mandatory Reporting on the Help-Seeking and Well-Being of Domestic Violence Survivors” conducted by the National LGBTQ DV Capacity Building Learning Center. The findings and conclusions of the study will be discussed including the disproportionate impact of mandated reporting on survivors of color and their children and practice recommendations for mandated reporters working with survivors of domestic violence and their children will also be provided.

7-2 *Remarkably Resilient: An Interactive Workshop*, Kathleen Harnish McKune, Sharon Borde, Karen Dickson

After first writing our stories in our book, Remarkably Resilient: Community Matters, we three sisters are now speaking out to share our journeys of surviving, eventually thriving, and ultimately breaking the multi-generational cycle of incest and abuse in our paternal family. Though we shared a common household, our three paths from hurting to healing to helping are uniquely different. Our stories pull from the neuroscience of trauma and resilience as we reflect on how we broke this abusive cycle. We ground insights from the neuroscience of trauma when sharing the long-term effects of our childhood trauma as well as the key roles several members of our small western Kansas community played in

helping us be resilient. We weave together research, insights, and stories with personal reflections and suggestions on the role communities and their members can play in the healing process.

7-3 Youth Suicide Prevention, Gina Meier-Hummel, MSW, Office of Attorney General Derek Schmidt
During this presentation we will review current trends and current steps occurring in Kansas to move forward in hopes that we would eradicate the public health concern that is teenage suicide.

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