



# Most Commonly Used Drugs

Marijuana, hallucinogens, stimulants, opioids, date rape drugs, and some common household products are the most commonly abused drugs among youth. Children experiment with these drugs to fit in and to deal with stress or a poor self-image. Parents need to educate themselves and guide their children to avoid addiction and legal problems.

## ABOUT THESE DRUGS...

### MARIJUANA

**Most Common Street Names:** joint, pot, dope, grass, weed, Mary Jane, blunt, ganja, herb, reefer, skunk, schwag, sticks and stems

**Effects:** Euphoria, hallucinations, heightened perception, impairment or loss of memory & learning, confusion, hunger, slowed thinking & reaction time, impaired balance and coordination, respiratory damage/infections, increased heart rate, anxiety, panic attacks

**How Administered:** swallowed, smoked

### HALLUCINOGENS (Psychedelics, includes LSD, PCP)

**Most Common Street Names:** yellow sunshines, buttons, magic mushrooms, purple passion, shrooms

**Effects:** distortion of perceptions and sensory experiences to color, motion and sound causing illusions or hallucinations, nausea, persisting perception disorder: flashbacks

**How Administered:** mostly swallowed, some smoked or absorbed through mouth tissue

### STIMULANTS (Cocaine, Amphetamine, Methamphetamine)

**Most Common Street Names:** toot, coke, snow, blow, bump, C, candy, Charlie, crack, flake, rock, bennies, black beauties, speed, truck drivers, uppers, ecstasy, STP, X, XTC, crank, crystal, ice, meth, strawberry quick, nicotine, cigarettes, cigars, snuff, spit tobacco, chew

**Effects:** increased or irregular heart rate, blood pressure, metabolism; feelings of exhilaration, energy, increased mental alertness, aggressiveness, delirium, panic, paranoia, impulsive behavior, panic attacks, reduced appetite and malnutrition, weight loss, heart failure, nervousness, insomnia, loss of coordination, irritability, anxiousness, restlessness, psychosis, chest pain, respiratory failure, nausea, abdominal pain, headaches, impaired memory and learning, hyperthermia

**How Administered:** injected, swallowed, smoked, snorted

Over  
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**OPIOIDS AND MORPHINE DERIVATIVES** (Codeine, Heroin, Morphine, Opium, Oxycodone HCL, Hydrocodone)

**Most Common Street Names:** Cody, doors & fours, goodfella, dope, H, junk, smack, white horse, M, Miss Emma, white stuff, big O, Oxy, O.C., vike

**Effects:** pain relief, euphoria, drowsiness, sedation, nausea, confusion, respiratory depression and arrest, tolerance

**How Administered:** injected, swallowed, snorted

**DATE RAPE DRUGS** (Rohypnol, GHB)

**Most Common Street Names:** sleeping pills, tranks, forget-me pill, roofies, roofinol, rope, rophies, G, liquid ecstasy

**Effects:** lowered inhibitions, slowed pulse and breathing, poor concentration and judgment, impaired coordination and memory, slurred speech, fatigue, confusion, dizziness; GHB: loss of consciousness, loss of reflexes; Rohypnol: memory loss for time under the drug's effects, visual and gastrointestinal disturbances

**How Administered:** mostly swallowed by dissolving into a beverage

**COMMON HOUSEHOLD PRODUCTS**

Over the counter medications, weight loss pills, prescription medications including sleeping pills, inhalants (solvents: paint thinners, gasoline, glues; gasses: butane, propane, nitrous oxide, aerosol propellants -including compressed air

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## RESOURCES

**Drug Abuse Helpline**  
(800) 662-HELP

**Drug Free World**  
drugfreeworld.org

For more online tip cards, visit [kcsl.org](http://kcsl.org) under the "Resources" tab.



Kansas Children's Service League

Parenting questions? Call the Parent Helpline.  
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