



Most Commonly Used Drugs

Marijuana, hallucinogens, stimulants, opioids, date rape drugs, and some common household products are the most commonly abused drugs among youth. Children experiment with these drugs to fit in and to deal with stress or a poor self-image. Parents need to educate themselves and guide their children to avoid addiction and legal problems.

ABOUT THESE DRUGS...

MARIJUANA

Most Common Street Names: joint, pot, dope, grass, weed, Mary Jane, blunt, ganja, herb, reefer, skunk, schwag, sticks and stems

Effects: Euphoria, hallucinations, heightened perception, impairment or loss of memory & learning, confusion, hunger, slowed thinking & reaction time, impaired balance and coordination, respiratory damage/infections, increased heart rate, anxiety, panic attacks

How Administered: swallowed, smoked

HALLUCINOGENS (Psychedelics, includes LSD, PCP)

Most Common Street Names: yellow sunshines, buttons, magic mushrooms, purple passion, shrooms

Effects: distortion of perceptions and sensory experiences to color, motion and sound causing illusions or hallucinations, nausea, persisting perception disorder: flashbacks

How Administered: mostly swallowed, some smoked or absorbed through mouth tissue

STIMULANTS (Cocaine, Amphetamine, Methamphetamine)

Most Common Street Names: toot, coke, snow, blow, bump, C, candy, Charlie, crack, flake, rock, bennies, black beauties, speed, truck drivers, uppers, ecstasy, STP, X, XTC, crank, crystal, ice, meth, strawberry quick, nicotine, cigarettes, cigars, snuff, spit tobacco, chew

Effects: increased or irregular heart rate, blood pressure, metabolism; feelings of exhilaration, energy, increased mental alertness, aggressiveness, delirium, panic, paranoia, impulsive behavior, panic attacks, reduced appetite and malnutrition, weight

loss, heart failure, nervousness, insomnia, loss of coordination, irritability, anxiousness, restlessness, psychosis, chest pain, respiratory failure, nausea, abdominal pain, headaches, impaired memory and learning, hyperthermia

How Administered: injected, swallowed, smoked, snorted

OPIOIDS AND MORPHINE DERIVATIVES (Codeine, Heroin, Morphine, Opium, Oxycodone HCL, Hydrocodone)

Most Common Street Names: Cody, doors & fours, goodfella, dope, H, junk, smack, white horse, M, Miss Emma, white stuff, big O, Oxy, O.C., vike

Effects: pain relief, euphoria, drowsiness, sedation, nausea, confusion, respiratory depression and arrest, tolerance

How Administered: injected, swallowed, snorted

DATE RAPE DRUGS (Rohypnol, GHB)

Most Common Street Names: sleeping pills, tranks, forget-me pill, roofies, roofinol, rope, rophies, G, liquid ecstasy

Effects: lowered inhibitions, slowed pulse and breathing, poor concentration and judgment, impaired coordination and memory, slurred speech, fatigue, confusion, dizziness; GHB: loss of consciousness, loss of reflexes; Rohypnol: memory loss for time under the drug's effects, visual and gastrointestinal disturbances

How Administered: mostly swallowed by dissolving into a beverage

COMMON HOUSEHOLD PRODUCTS

Over the counter medications, weight loss pills, prescription medications including sleeping pills, inhalants (solvents: paint thinners, gasoline, glues; gasses: butane, propane, nitrous oxide, aerosol propellants -including compressed air

RESOURCES

Drug Abuse Helpline
(800) 662-HELP

Drug Free World
drugfreeworld.org

For more online tip cards, visit kcsf.org under the "Resources" tab.

Parenting questions? Call the Parent Helpline.

1-800-CHILDREN or email/text 1800children@kcsf.org



Kansas Children's Service League

