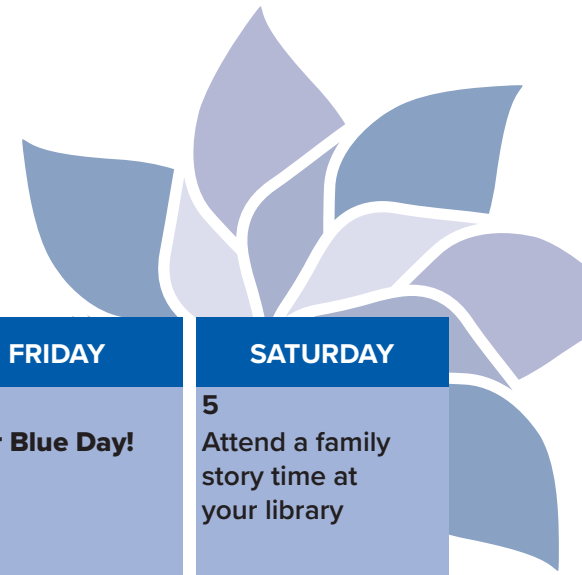


April 2025

#PoweredByHope: Daily Activities to Strengthen Your Family



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Go for a walk in nature	2 Have an arts and crafts session	3 Paint rocks and place them in your community	4 Wear Blue Day!	5 Attend a family story time at your library
6 Plan a themed dinner night (tacos, pizza)	7 Go on a scavenger hunt in the neighborhood	8 Write and mail a letter to a family member	9 Learn a magic trick	10 Build a blanket fort	11 Watch the sunset together	12 Visit a local museum
13 Volunteer as a family	14 Go on a bike ride	15 Visit your local zoo	16 Make instruments and create a band	17 Have a family sing-a-long in the car	18 Record your own family movie	19 Go camping in the backyard
20 Go on a one-on-one date with your child	21 Play hide and seek	22 Learn a new recipe and cook as a family	23 Read a book together aloud	24 Put a puzzle together	25 Hold a family game night	26 Have a family movie night
27 Enjoy a picnic in the park	28 Create chalk art in the driveway	29 Plant flowers	30 Create a fun obstacle course inside or outside			